

Year 1

Toast Toppers

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| --- | --- | --- | --- |
| I Can…… | Image result for working towards smiley face | Image result for smiley face |  |
| Use a knife for spreading  |  |  |  |
| Use a knife for chopping  |
| Use a knife for cutting |
| Use a peeler |
| Use a greater  |
| Spread with the back of a spoon |
| Crumble cheese |
| Garnishing and decorating |
| Arranging ingredients for topping topping |
|  |
|  | Image result for working towards smiley face | Image result for smiley face |  |
| Understand where food comes from |  |  |  |
| Can name different places we can get food from eg under the ground, plant or a bush, animal, sea, field- crops |
| Can name different ways we can cook |
| Understand stand basic principles of the Eat Well Guide |
| Understand how to make healthy choices & why it is important to have a healthy, balanced diet |
|  |
|  | Image result for working towards smiley face  | Image result for smiley face |  |
| Can name different types of equipment & say what they are used for |  |  |  |
| Can name different ways we can cook |
| Can set the table  |
| I can use a knife & fork for eating  |
| Can wash & dry equipment  |
|  |
| I  |  |  |  |