**Emotional Literacy Teacher Checklist**

Pupil’s name:

Completed by............................................................

Date.................... Year group: Gender:

Please look at each statement and put a tick that best describes how this pupil generally is. There are no right or wrong answers. Please ensure you answer all the questions.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Very**  **true** | **Somewhat** **true**  |  **Not really** **true**  |  **Not**  **at all** |
| 1. Listens to other people’s point of view in a discussion or argument.
 |  |  |  |  |
| 1. Gives up easily when faced with something difficult.
 |  |  |  |  |
| 1. Is aware of his/her own strengths and qualities.
 |  |  |  |  |
| 1. Lose temper when loses at a game or in a competition.
 |  |  |  |  |
| 1. Laughs and smiles when it is appropriate to do so.
 |  |  |  |  |
| 1. Is intolerant of people who are different from him/her.
 |  |  |  |  |
| 1. When starts a task or assignment, usually follows it through to completion.
 |  |  |  |  |
| 1. Finds it hard to accept constructive criticism and feedback.
 |  |  |  |  |
| 1. Is liable to sulk if doesn’t get his/her own way.
 |  |  |  |  |
| 1. Makes the right kind of eye contact when interacting with others.
 |  |  |  |  |
| 1. Is insensitive to the feelings of others.
 |  |  |  |  |
| 1. Leaves things to the last minute.
 |  |  |  |  |
| 1. Can recognise the early signs of becoming angry.
 |  |  |  |  |
| 1. Remains calm and composed when loses or ‘fails’ at something.
 |  |  |  |  |
| 1. Is disliked by many of his/her peers.
 |  |  |  |  |
| 1. Is very critical of other’s shortcomings.
 |  |  |  |  |
| 1. Does things when they need to be done.
 |  |  |  |  |
| 1. Can name or label his/her feelings.
 |  |  |  |  |
| 1. When things go wrong, immediately denies that it is his/her fault or blames others.
 |  |  |  |  |
| 1. Has a sense of humour and fun that is used appropriately.
 |  |  |  |  |

**GL Assessment. Southampton City Council 2003.**