**Emotional Literacy Teacher Checklist**

Pupil’s name:

Completed by............................................................

Date.................... Year group: Gender:

Please look at each statement and put a tick that best describes how this pupil generally is. There are no right or wrong answers. Please ensure you answer all the questions.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Very**  **true** | **Somewhat**  **true** | **Not really**  **true** | **Not**  **at all** |
| 1. Listens to other people’s point of view in a discussion or argument. |  |  |  |  |
| 1. Gives up easily when faced with something difficult. |  |  |  |  |
| 1. Is aware of his/her own strengths and qualities. |  |  |  |  |
| 1. Lose temper when loses at a game or in a competition. |  |  |  |  |
| 1. Laughs and smiles when it is appropriate to do so. |  |  |  |  |
| 1. Is intolerant of people who are different from him/her. |  |  |  |  |
| 1. When starts a task or assignment, usually follows it through to completion. |  |  |  |  |
| 1. Finds it hard to accept constructive criticism and feedback. |  |  |  |  |
| 1. Is liable to sulk if doesn’t get his/her own way. |  |  |  |  |
| 1. Makes the right kind of eye contact when interacting with others. |  |  |  |  |
| 1. Is insensitive to the feelings of others. |  |  |  |  |
| 1. Leaves things to the last minute. |  |  |  |  |
| 1. Can recognise the early signs of becoming angry. |  |  |  |  |
| 1. Remains calm and composed when loses or ‘fails’ at something. |  |  |  |  |
| 1. Is disliked by many of his/her peers. |  |  |  |  |
| 1. Is very critical of other’s shortcomings. |  |  |  |  |
| 1. Does things when they need to be done. |  |  |  |  |
| 1. Can name or label his/her feelings. |  |  |  |  |
| 1. When things go wrong, immediately denies that it is his/her fault or blames others. |  |  |  |  |
| 1. Has a sense of humour and fun that is used appropriately. |  |  |  |  |

**GL Assessment. Southampton City Council 2003.**