Relationships Education / relationshipS and sex education (RSE) POlicy



**This Relationships Education / Relationships and Sex Education (RSE) Policy was formally approved by Stanningley Primary School Governing Body in March 2024.**

**To be reviewed by Governors on or before 31st March 2025.**

**Chair of Governors:  Louise Travis-Jones March 2024**

**Headteacher:** A close-up of a signature

Description automatically generated **Mrs J. Gaunt March 2024**

The policy will be reviewed annually.



**Relationships Education / Relationships and Sex Education (RSE)**

**Date of policy: March 2024 Review date: March 2025**

Stanningley Primary School takes its responsibility to provide relevant, effective and responsible RSE to all of its pupils as part of the school’s personal, social, health education (PSHE) curriculum very seriously. The school wants parents/carers and pupils to feel assured that RSE will be delivered at a level appropriate to both the age and development of pupils, and safe to voice opinions and concerns relating to the RSE provision.

1. **Context – why Relationships Education / Relationships and Sex Education (RSE) is important**

High quality RSE helps create a safe school community in which our pupils can grow, learn and develop positive, healthy behaviour for life. It is essential for the following reasons:

* Children have a right to good quality education, as set out in the [United Nations Convention on the Rights of the Child.](https://www.unicef.org.uk/what-we-do/un-convention-child-rights/?gclid=EAIaIQobChMImfu6noKa1QIVzrztCh39qAvnEAAYASAAEgJ9qPD_BwE&sissr=1)
* ***Relationships Education, Relationships and Sex Education and Health Education guidance*** The Government announced that Relationships Education, Relationships and Sex Education and Health Education would become statutory for all schools from the summer term 2021. ***The final Relationships Education, Relationships and Sex Education and Health Education guidance was published in June 2019.***
* ***Keeping Children Safe in Education, 2020*** RSE plays a vital part in schools fulfilling their statutory duties to protect and safeguard their pupils. When considering the relationships and sex education provision a school needs to be aware of the requirements set out in Keeping children safe in education guidance for schools.
* ***Ofsted Inspection Framework, 2019*** RSE can make a contribution to judgments under the Ofsted Common Inspection Framework, particularly in the areas of personal development and safeguarding. The Ofsted Framework (September 2019) has a personal development judgement and the guidance states, “The personal development judgement evaluates the school’s intent to provide for the personal development of all pupils, and the quality with which the school implements this work”. This judgement will focus on a range of aspects, some of which can be directly linked to the effective provision of RSE.
* ***Ofsted, Inspecting safeguarding in early years, education and skills settings (September 2019)*** has a number of aspects that could relate to effective RSE provision.
* Governors have a wider responsibility under the ***Equality Act 2010*** and should ensure that the school strives to do the best for all pupils regardless of disability, educational needs, race, nationality, ethnic or national origin, sex, gender identity, religion, sexual orientation and looked after children. This means that RSE must be sensitive to the different needs of individual pupils and ensure pupils are able to live in a modern 21st Century Britain.

1. **Development process**

The RSE and Health Education statutory guidance for schools states, “All schools must have an up-to-date RSE policy which is made available to parents and others. Schools must provide a copy of the policy free of charge to anyone who asks for one and should publish the policy on the school website.” The policy must:

* For primary schools define relationships education and for primary schools that may choose to teach sex education, define the sex education that will be taught.
* Set out the subject content, how it is taught and who is responsible for teaching it.
* Describe how the subject is monitored and evaluated.
* Include information to clarify why parents do not have a right to withdraw their child from relationships education and include information about a parent’s right to withdraw (primary) that their child be excused from sex education within RSE only.
* How delivery content will be made accessible to all pupils, including those with SEND.
* Requirements on schools by law e.g. the Equality Act 2010
* Confirm the date by which the policy will be reviewed.

This policy was initially drafted by Mrs Stott-Moore (Deputy Headteacher / PSHE Leader) in consultation with Leeds City Council Health and Wellbeing Service and was supported by senior leadership. All school staff were offered an opportunity to respond to the policy. This policy has been approved and adopted by the head teacher, Mrs Julie Brewer and governing body.

The member of staff responsible for overseeing and reviewing this policy is the Headteacher who will be supported by the DHT / PSHE Lead: Mrs T. Stott-Moore. The policy will be reviewed annually.

We are committed to the ongoing development of RSE in our school. We will use the following indicators to monitor and evaluate progress:

* a coordinated and consistent approach to curriculum delivery has been adopted, with support from the Health & Wellbeing Service
* the content of the RSE curriculum is flexible and responsive to pupils’ differing needs which are gathered at least annually through the use of pupil perception data such as the My Health My School Survey
* children are receiving an entitlement curriculum for RSE in line with national and local guidance
* there are clearly identified learning objectives for all RSE activities and pupils’ learning is assessed using both formative and summative approaches
* opportunities for cross-curricular approaches are being used where appropriate
* the impact of training for staff and governors on practice is evaluated
* policy and practice is revised regularly and involves staff, governors, parents/carers and, where appropriate, pupils
* opportunities are provided for parents/carers and members of our community to consider the purpose and nature of our RSE, for example, through parent/carer information sessions
* a variety of methods are employed to communicate the key points of the policy and curriculum to the community

1. **Location and dissemination**

This policy document is freely available on request to the whole school community. A copy of the policy can be found on the school website. A physical copy of the policy is available from the school office.

1. **Relationship to other policies**

This policy links to:

* Anti-bullying
* Assessment, Recording and Reporting
* Asthma
* Attendance
* Behaviour
* Child Protection/Safeguarding Children
* Confidentiality
* Equal Opportunities
* First Aid
* Health & Safety
* Medication/medicines
* Mission/ethos statement
* Pastoral support
* PSHE
* Science
* Sex and Relationships Education
* SEN/Inclusion
* Teaching and Learning
* Visitors in School

1. **Definition**

**Relationships Education** focuses on teaching the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships, and relationships with other children and with adults.

**Sex Education (Primary)** focuses on teaching about relationships, health and puberty. The national curriculum for science also includes subject content in related areas, such as the main external body parts, the human body as it grows from birth to old age (including puberty) and reproduction in some animals and plants

1. **The principles of high quality RSE in our school**

**Relationships and Sex Education:**

* is a partnership between home and school
* ensures pupils’ views are actively sought to influence lesson planning and teaching
* starts early and is relevant to pupils at each stage in their development and maturity
* is taught by people who are trained and confident in talking about issues such as healthy and unhealthy relationships, equality, pleasure, respect, abuse, sexuality, gender identity, sex and consent
* includes the acquisition of knowledge, the development of life skills and respectful attitudes and values
* has sufficient time to cover a wide range of topics, with a strong emphasis on relationships, consent, rights, responsibilities to others, negotiation and communication skills, and accessing services
* helps pupils understand on and offline safety, consent, violence and exploitation
* is both medically and factually correct and treats sex as a normal and pleasurable fact of life
* is inclusive of difference: gender identity, sexual orientation, disability, ethnicity, culture, age, faith or belief, or other life experience
* uses active learning methods, and is rigorously planned, assessed and evaluated
* helps pupils understand a range of views and beliefs about relationships and sex in society including some of the mixed messages about gender, sex and sexuality from different sources including the media
* teaches pupils about the law and their rights to confidentiality even if they are under 16, and is linked to school-based and community health services and organisations
* promotes equality in relationships, recognises and challenges gender inequality and reflects girls’ and boys’ different experiences and needs

**INTENT**

1. **Overall school aims for RSE**

Our approach to RSE consists of a comprehensive and developmental programme of teaching and learning, which is delivered in the context of a Healthy School where the health and wellbeing of pupils and the whole school community are actively promoted. Our RSE programme has a positive influence on the ethos, learning and relationships throughout the school. It is central to our values and to achieving our school’s stated aims and objectives. Our RSE programme helps pupils to develop the knowledge, understanding, skills and attitudes they need to live confident, healthy, independent lives now and in the future.

Through the provision outlined in this policy, the school’s overall aims of RSE are to teach and develop the following three main elements:

**Attitudes and values:**

* learn the importance of values and individual conscience and moral considerations
* learn the value of family life, marriage, and stable and loving relationships for the nurture of children
* learn the value of respect, love and care
* explore, consider and understand moral dilemmas
* develop critical thinking as part of decision-making

**Personal and social skills:**

* learn to manage emotions and relationships confidently and sensitively
* develop self-respect and empathy for others
* learn to make choices based on an understanding of difference and with an absence of prejudice
* develop an appreciation of the consequences of choices made
* manage conflict
* learn how to recognise and avoid exploitation and abuse

**Knowledge and understanding:**

* learn and understand physical development at appropriate stages
* understand human sexuality, reproduction, sexual health, emotions and relationships
* learn about contraception and the range of local and national sexual health advice, contraception and support services
* learn the reasons for delaying sexual activity, and the benefits to be gained from such delay, including the avoidance of unplanned pregnancy

[**SRE Guidance DfEE 2000**](http://webarchive.nationalarchives.gov.uk/20130403224457/https:/www.education.gov.uk/publications/eOrderingDownload/DfES-0116-2000%20SRE.pdf)

In addition to this, we also aim to:

* raise pupils’ self-esteem and confidence
* develop communication and assertiveness skills that can help them stay true to their values if challenged by others, their peers or what they see in the media
* teach pupils to be accepting of the different beliefs, cultures, religions, sexual orientations, physical and mental abilities, backgrounds and values of those around them
* support pupils to lead a healthy and safe lifestyle, teaching them to care for, and respect, their bodies
* provide pupils with the right tools to enable them to seek information or support, should they need it
* teach pupils about consent and their right to say no, in an age appropriate manner
* to teach lessons that are sensitive to a range of views, values and beliefs
* ensure that staff teaching RSE remain neutral in their delivery whilst ensuring that pupils always have access to the learning they need to stay safe, healthy and understand their rights as individuals

The aim of RSE is NOT to:

* encourage pupils to become sexually active at a young age
* promote a particular sexual orientation
* sexualise children

1. **The wider context of RSE**

The school’s RSE programme will:

* be an integral part of the lifelong learning process, beginning in early childhood and continuing into adult life
* be an entitlement for all pupils, including those with additional learning and language needs
* be set within the wider school context and support family commitment and love, respect and affection, knowledge and openness
* recognise that family is a broad concept; not just one model, e.g. nuclear family
* encourage pupils and teachers to share and respect each other’s views with cultural awareness and sensitivity
* ensure pupils are aware of different approaches to sexual orientation, without promotion of any particular family structure
* recognise that parents/carers are the key people in teaching their children about relationships, sex and growing up
* work in partnership with parents/carers and pupils, consulting them about the content of programme
* work in partnership with other health professionals and the wider community

RSE contributes to:

* a positive ethos and environment for learning
* safeguarding pupils (Children Act 2004), promoting their emotional wellbeing, and improving their ability to achieve in school
* a better understanding of diversity and inclusion, a reduction in gender-based and homophobic, biphobic, transphobic (HBT) prejudice, bullying and violence and an understanding of the difference between consenting and exploitative relationships
* helping pupils keep themselves safe from harm, both on and offline, enjoy their relationships and build confidence in accessing services if they need help and advice
* reducing early sexual activity, teenage conceptions, sexually transmitted infections, sexual exploitation and abuse, domestic violence and bullying

|  |
| --- |
| *High quality RSE should be part of a broader developmental PSHE education programme. This learning should be linked to broader school policies and the curriculum in relevant subjects, as well as the school’s pastoral policy.*  *Science teaches about the biological facts relating to human growth, puberty and reproduction. It may also include teaching about contraception and STIs. PSHE helps pupils to think about the different social contexts, influences and beliefs that affect personal behaviour. PSHE also develops a positive vocabulary and the strategies and skills children need to stay healthy and safe.*  *It is important to link to the ICT/computing curriculum, which teaches about online safety. It is vital for RSE to teach that the internet and social media are important resources for learning and information, and a great opportunity to build social networks, as well as teaching about the risks and how to stay safe online.*  *There will also be relevant learning in other subjects, such as citizenship or religious education, about the law and the views of religious and secular groups on different issues.* |

1. **To whom the policy applies**

The policy applies to:

* The head teacher
* All school staff
* The governing body
* Pupils
* Parents/carers
* School nurse and other health professionals
* Partner agencies working in or with the school

**IMPLEMENTATION**

1. **Language**

Pupils will be taught the structural terms for body parts. Slang or everyday terms used in certain social circles will be discussed; this will surround discussion about what is and isn’t acceptable language to use. This will be shared with parents/carers before it is delivered in class through*.*

Agreed list of vocabulary used in school:

|  |  |  |
| --- | --- | --- |
| **Teaching specific vocabulary in RSE** | | |
| *‘It is good practice to use anatomical terms for genitalia and sexual parts of the body, for example vagina, breasts, penis and testicles from the offset. Having the right language to describe the private parts of their body, and knowing how to seek help if they are being abused, are vital for safeguarding. Evidence to support this approach is outlined in the Children's Commissioner Report November 2015, ‘Protecting Children from harm,’* | | |
| **Year Group introduced** | **Vocabulary** | |
| Reception Class | caring, loving, love, family, relationship, support, marriage | |
| Class 1 | Science – labelling body parts. **Although the children are not required to label the male and female sex parts, if the children bring these up during teaching then the biological terms will be used = penis, vagina.**  Infection, disease | |
| Class 2  **(6 lessons)** |  | * + ***identify and name biological terms for male and female sex parts***   + ***can label the male and female sex parts with confidence***   Penis, vagina |
| Class 3 | No specific RSE unit, cove | NSPCC PANTS = Penis, vagina  Healthy relationships, safe adults |
| Class 4  **(4 lessons)** |  | Human life cycle, puberty,  changes due to human reproduction,  reproduce (have children)  bra, breasts, testicles |
| Class 5  **(8 lessons)** |  | Human life cycle, puberty,  Changes due to human reproduction,  Reproduce (have children)  identify some discriminatory language  menstruation, period, womb,  erection, ejaculation, urethra, wet dream, sperm, genitals, circumcised, uterus, orgasm, semen, sanitary towels, tampons, clitoris, foreskin,  lesbian, gay, bisexual, heterosexual,  ***identify some discriminatory language*** (homophobic, sexist, disablist, racist and transphobic)  homophobia, transphobia, bi-phobic, bi-phobia, transgender, transphobic |
| Class 6  **(7 lessons)** |  | Consenting adults  sexual intercourse, make love, pleasure, conception, penetration,  uterus, sperm ducts, contractions, fallopian tube, placenta, ejaculation, amniotic sac/fluid, foetus, ovum, ovary, zygote, embryo, cervix, umbilical cord , nipples, scrotum, clitoris, anus, womb |
| Additional Class 6 unit  **(3 lessons)**  Dependent on the cohort |  | Consenting adults  HIV, contraception  Female genital mutilation |

|  |
| --- |
| *‘Most victims of abuse report or come to the attention of the authorities from the age of 12. Younger children disclose abuse less frequently, as they are less likely to have the words to describe their experiences and may have fewer opportunities to tell someone. Abuse may have started much earlier. The increase in numbers from age 12 may in part reflect more children coming forward to report abuse as their knowledge of sex and relationships develops, and they recognise that their experiences are abusive. In general, responses to the survivor survey suggest that abuse is most likely to be happening at the age of nine.’*  *Being open and honest about the words for genitalia will support girls at risk of female genital mutilation (FGM). The summer holiday between leaving primary and starting secondary school is a risk period for girls at risk of FGM so this knowledge must come in good time. Ofsted provides full support for this approach (2013) and have raised concerns that some primary schools are currently failing to teach this vocabulary and this leaves children unable to describe abusive behaviours.* |

**Respectful Language**

The use of respectful language which challenges sexism, homophobia and other forms of prejudice will be established in RSE but will have benefits for the whole school community, both in and out of lessons; it helps to ensure we are a happy and healthy place to learn. Ofsted found that casual use of homophobic language in schools is often unchallenged (2013) – we always challenge it.

The casual use of homophobic, biphobic and transphobic language in school will be challenged and pupils will be made aware that using the word ‘gay’ to mean something is rubbish is wrong and will not be tolerated. To tackle this, staff might say: ‘you’ve used the word ‘gay’, but not in the right way.’

As a result, pupils will hear references to different kinds of relationships as part of teaching and assemblies, for example when we talk about rights, respect or relationships.

1. **Answering questions**

We acknowledge that sensitive and potentially difficult issues will arise in RSE as pupils will naturally share information and ask questions. When spontaneous discussion arises, it is guided in a way that reflects the stated school aims and curriculum content for RSE. As a first principle, we answer questions relating to taught, planned curriculum for that age group to the whole class. We answer questions relating to areas beyond the taught, planned curriculum for that age group, in a sensitive and age appropriate way, only to the pupil or pupils who have asked the question. If a member of staff is uncertain about the answer to a question, or indeed whether they should answer it, they will seek guidance from the PSHE leader/ Child Protection Officer. Questions may be referred to parents/carers if it is not appropriate to answer them in school. We may use a question box where questions may be asked anonymously.

When answering questions, we ensure that sharing personal information by adults, pupils or their families is discouraged. Where a question or comment from a pupil in the classroom indicates the possibilities of abuse or risk of harm, teachers will pass this information to the designated person for safeguarding and child protection, in line with school policy and procedures.

Agreed phrases, where appropriate, will be used in response to difficult questions [for example, ‘I can only answer question on the content of this lesson’ or ‘That is something that may be covered later on’ or ‘I can’t answer that question, but you could ask your parents/carers’]

A working agreement is essential when discussing sensitive subject matters. Staff will establish clear parameters about what is appropriate and inappropriate in a whole-class setting by for example:

* staff will set the tone by speaking in a matter-of-fact way
* pupils will be encouraged to write down questions, anonymously if desired, and post them in a question box or ask-it basket
* staff will have time to prepare answers to all questions before the next session, and will choose not to respond in a whole-class setting to any questions that are inappropriate or need one-to-one follow up
* if a verbal question is too personal, staff will remind the pupils of the working agreement
* if a question is too explicit, feels too old for a pupil, is inappropriate for the whole class, or raises concerns, staff will acknowledge it and promise to attend to it later on an individual basis
* staff will not provide more information than is appropriate to the age of the pupil
* if staff are concerned that a pupil is at risk of abuse, the designated teacher will be informed and the usual child protection procedures followed

.

1. **Key responsibilities for RSE**
2. **All staff**

* ensure that staff are up to date with school policy and curriculum requirements regarding RSE
* attend and engage in professional development training around RSE provision, including individual and whole staff training/inset, where appropriate
* attend staff meetings to be introduced to any new areas of work and review the effectiveness of the approaches used
* report back to the PSHE Coordinator on any areas that they feel are not covered or inadequately provided for in the school’s RSE provision
* encourage pupils to communicate concerns regarding their social, personal and emotional development in confidence and listen to their needs and support them
* follow the school’s reporting systems if a pupil comes to a member of staff with an issue that they feel they are not able to deal with alone
* ensure that their personal beliefs and attitudes will not prevent them from providing balanced RSE in school
* tailor their lessons to suit all pupils in their class, across the whole range of abilities, faiths, beliefs, culture and sexual orientations, including those pupils with special educational needs
* ask for support in this from the school SEND coordinator or the PSHE Coordinator, should they need it

1. **Lead member/s of staff**

The lead members of staff are entitled to receive training in their role and responsibilities. This supports them to lead on the development of the school’s policy and practice and to monitor its implementation. This practice includes the curriculum and approaches to teaching and learning, as well as whole school approaches to health and wellbeing.

|  |  |
| --- | --- |
| **Specific responsibilities** | **Who – role?** |
| Co-ordinating the RSE provision, ensuring a spiral curriculum | DHT / PSHE lead – Mrs Stott-Moore |
| Accessing and co-ordinating training and support for staff | Headteacher – Mrs Brewer  DHT / PSHE lead – Mrs Stott-Moore |
| Establishing and maintaining links with external agencies/other health professionals | DHT / PSHE lead – Mrs Stott-Moore |
| Policy development and review, including consultation and dissemination | Governing Body  Headteacher – Mrs Brewer  DHT / PSHE lead – Mrs Stott-Moore |
| Implementation of the policy; monitoring and assessing its effectiveness in practice | Headteacher – Mrs Brewer  DHT / PSHE lead – Mrs Stott-Moore |
| Managing child protection/safe guarding issues | Designated Staff (JB, TSM, DW & DG) |
| Establishing and maintaining links with parents/carers | DHT / PSHE lead – Mrs Stott-Moore  Family Support Manager – Di Greenwood |
| Liaising with link schools to ensure a smooth transition | DHT / PSHE lead – Mrs Stott-Moore  Y6 Transition lead – Mrs White |

The lead member/s of staff will:

* develop the school policy and review it briefly on a yearly basis and in full every two years
* ensure that all staff are given regular and ongoing training on issues relating to RSE as well as how to deliver lessons on such issues
* ensure that all staff are up to date with policy changes, and familiar with school policy and guidance relating to RSE
* provide support to staff members who feel uncomfortable or ill-equipped to deal with the delivery of RSE to pupils
* ensure that RSE is age appropriate and needs-led across all year groups; this means ensuring that the curriculum develops as the pupils do and meets their needs
* ensure that the knowledge and information regarding RSE to which all pupils are entitled is provided in a comprehensive way
* support parent/carer involvement in the development of the RSE curriculum
* ensure that their personal beliefs, values and attitudes will not prevent them from providing balanced RSE in school
* communicate freely with staff, parents/carers and the governing body to ensure that everyone is in understanding of the school policy and curriculum for RSE, and that any concerns or opinions regarding the provision at the school are listened to, taken into account and acted on as appropriate
* share the school’s provision for RSE with parents/carers in order to ensure they can support this at home
* communicate to parents/carers any additional support that is available from the school to support them with RSE at home

1. **Governors**

The governing body as a whole plays an active role in monitoring, developing and reviewing the policy and its implementation in school. There is a named link governor for RSE who works closely with, and in support of, the lead member/s of staff. When aspects of RSE appear in the School Improvement Plan, a governor will be assigned to reflect on, monitor and review the work as appropriate.

1. **Pupils**

All pupils:

* are expected to attend the statutory National Curriculum Science elements of the RSE curriculum
* should support one another with issues that arise through RSE
* will listen in class, be considerate of other people’s feelings and beliefs and comply with the working agreement that is set in class
* will be made to feel comfortable to talk to a member of staff, in confidence, regarding any concerns they have in school related to RSE or otherwise
* a selection of pupils will be asked for feedback on the school’s RSE provision on a regular basis (at least annually)and be expected to take this responsibility seriously; opinions on provision and comments will be reviewed by the lead member/s of staff for RSE and taken into consideration when the curriculum is prepared for the following year’s pupils

1. **Parents/carers**

The school will:

* keep parents/carers informed about all aspects of the RSE curriculum, including when it is going to be delivered
* gather parent /carers’ views on the policy and take these into account when it is being reviewed
* provide access to resources and information being used in class and do everything to ensure that parents/carers are comfortable with the education provided to their children in school
* expect parents/carers to share the responsibility of RSE and support their children’s personal, social and emotional development
* encourage parents/carers to create an open home environment where pupils can engage, discuss and continue to learn about matters that have been raised through RSE
* provide support and encourage parents/carers to seek additional support in this from the school where they feel it is needed

**The right to withdraw**

* Parents/carers cannot withdraw their child from the statutory RSE education content included in National Curriculum for Science which includes content on human development, including reproduction.
* Parents/carers also cannot withdraw their child from Relationships Education or Health Education because it is important that all children receive this content, covering topics such as friendships, how to stay safe and puberty.
* Parents do have the right to request that their child be withdrawn from some or all of sex education delivered as part of the non-statutory RSE, delivered as part of the PSHE curriculum.

**Any parent/carer wishing to withdraw their child from RSE should firstly arrange a meeting with the class teacher to discuss the reasons why. Good practice is also to include the headteacher (Mrs Gaunt) discussing with parents the benefits of receiving this important education and any detrimental effects that withdrawal may have on the child.**

RSE is a vital part of the school curriculum and supports child development and we strongly advise parents/carers to carefully consider their decision before withdrawing their child from this aspect of school life. It is acknowledged however that the final decision on the issue is for the parents/carers to take and the child and family should not be stigmatised for the decision.

Support materials for home use will also be provided. Parents/carers who do withdraw their children will be alerted to the possible consequences of doing so during the discussion between the school and the parents/carers. Possible consequences could include*, for example, ‘If a pupil is withdrawn from the RSE sessions, they will no doubt hear about the content of sessions from other pupils and this may not be in a supportive, controlled or safe environment, like the classroom would be. They may also seek out their own information via the internet, which may result in them finding out incorrect information and possibly put them in an unsafe situation. Pupils may also be stigmatised for not being included in these sessions. Ofsted figures show that about only four children will be withdrawn in every ten thousand (0.04%)’.* **Parents/carers must stipulate how their child will receive this content.** The school’s arrangements for pupils withdrawn from RSE are to allow pupils to complete PSHE work in the Year Group below whilst RSE sessions are taking place.

1. **Staff Support & CPD**

The school provides regular professional development training in how to deliver RSE.

Staff, including non-teaching staff, CPD needs are identified and met through the following ways:

* an audit of staff CPD needs will be completed each year or at appropriate times throughout the year
* training and support is organised by the PSHE lead who will liaise with the Headteacher
* all members of the teaching and non-teaching staff will be offered generic RSE training which includes sessions on: confidentiality, creating a working agreement, handling controversial issues, responding to awkward questions , an introduction to the rationale of why teaching RSE is so important, current law and guidance, learning outcomes and school policy]
* teaching and non-teaching staff involved in the delivery of issues seen as potentially more sensitive will be offered appropriate training to encourage confidence in dealing with matters of confidentiality, child protection, sensitive issues and potentially difficult questions
* The Health and Wellbeing Service are on support in meeting staff CPD – SLA in place.

1. **RSE Provision**
2. **Statutory aspects of Sex Education within the National Curriculum Science**

All schools must teach the following as part of the National Curriculum Science; parents/carers do not have the right to withdraw their child/children from this.

**National Curriculum Science:**

**Key Stage 1:**

* identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense
* notice that animals, including humans, have offspring which grow into adults
* describe the importance for humans of hygiene

**Key Stage 2:**

* describe the differences in the life cycles of a mammal, an amphibian, an insect and a bird
* describe the life process of reproduction in some plants and animals
* describe the changes as humans develop to old age

|  |
| --- |
| ***The law states (Education Act 1996) that ‘schools must teach the biological elements of the RSE in the National Curriculum.’*** |

1. **Additional intended learning outcomes for RSE**

The learning outcomes for pupils taking part in our non-statutory RSE programme are;

**By the end of Key Stage 1:**

**Pupils will be able to:**

* identify and share their feelings with others
* recognise safe and unsafe situations
* identify and be able to talk with someone they trust
* be aware that their feelings and actions have an impact on others
* make a friend, talk with them and share feelings
* use simple rules for dealing with strangers and for resisting pressure when they feel uncomfortable or at risk

**Pupils will know and understand:**

* the basic rules for keeping themselves safe and healthy
* about safe places to play and safe people to be with
* the needs of babies and young people
* ways in which they are like and different from others
* that they have some control over their actions and bodies
* the names of the main external parts of the body including agreed names for sexual parts
* why families are special for caring and sharing

**Pupils will have considered:**

* why families are special
* the similarities and differences between people
* how their feelings and actions have an impact on other people

**By the end of Key Stage 2:**

**Pupils will be able to:**

* express opinions, for example, about relationships and bullying
* listen to, and support others
* respect other people’s viewpoints and beliefs
* recognise their changing emotions with friends and family and be able to express their feelings positively
* identify adults they can trust and who they can ask for help
* be self-confident in a wide range of new situations, such as seeking new friends
* form opinions that they can articulate to a variety of audiences
* recognise their own worth and identify positive things about themselves
* balance the stresses of life in order to promote both their own mental health and well-being and that of others
* see things from other people’s viewpoints, for example their parents/carers and their carers
* discuss moral questions
* listen to, support their friends and manage friendship problems
* recognise and challenge stereotypes, for example in relation to gender
* recognise the pressure of unwanted physical contact, and know ways of resisting it

**Pupils will know and understand:**

* that safe routines can stop the spread of viruses including HIV
* about the physical changes that take place at puberty, why they happen and how to manage them
* the many relationships in which they are all involved
* where individual families and groups can find help
* how the media impact on forming attitudes
* about keeping themselves safe when involved with risky activities
* that their actions have consequences and be able to anticipate the results of them
* about different forms of bullying people and the feelings of both bullies and victims
* why being different can provoke bullying and know why this is unacceptable
* about, and accept, a wide range of different family arrangements, for example second marriages, fostering, extended families and three or more generations living together

**Pupils will have considered:**

* the diversity of lifestyles
* others’ points of view, including their parents/carers’ or carers
* why being different can provoke bullying and why this is unacceptable
* when it is appropriate to take a risk and when to say no and seek help
* the diversity of values and customs in the school and in the community
* the need for trust and love in established relationships

1. **The needs of pupils**

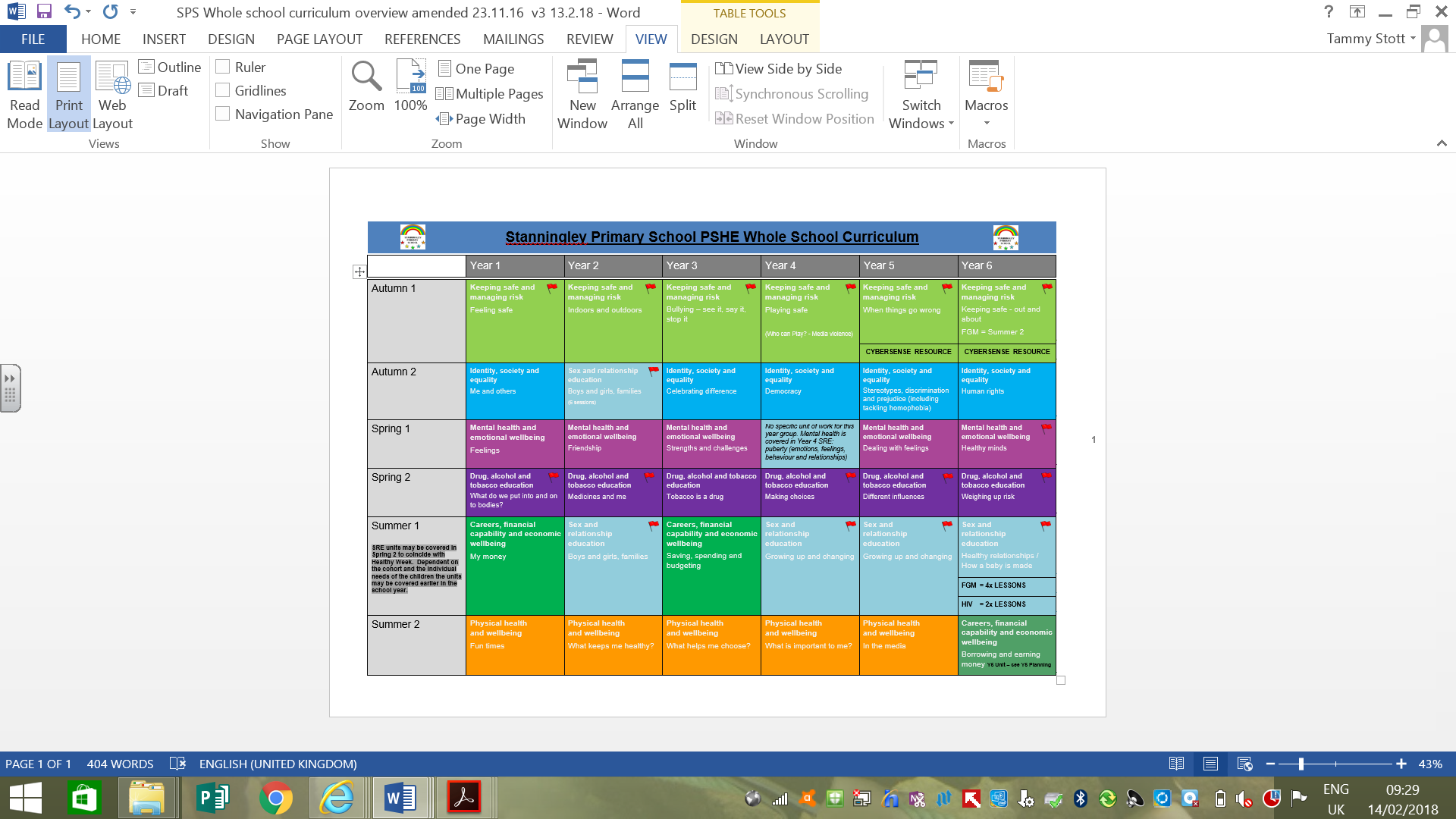
At Stanningley Primary School we recognise that an interactive approach to RSE will better develop the skills of our pupils and also that it is more likely to meet their needs. We involve pupils in the evaluation and development of their RSE in ways appropriate to their age.

We will involve pupils through:

* discussions with small groups of pupils
* questionnaires/surveys (e.g. the Y5/6 My Health My School Survey)
* pupil focus groups formed specifically for RSE
* pre and post assessment activities for RSE
* school council meetings
* full class consultation activities which ensure all pupils have a voice in the process

|  |
| --- |
| *Suggested questions to ask pupils:*   * *Where do you get information about your body, growing up, relationships and feelings?* * *Does what is taught in school at the moment answer all of your questions?* * *What would you like more information on?* * *Do you feel able to ask for support and advice?* * *Do you feel confident talking about feelings and emotions?* * *Do you feel safe to learn in RSE lessons?* * *Do the activities used in lessons help you to learn?* * *What do you think would improve RSE in our school?* |

1. **Topics to be covered**



1. **Curriculum organisation**

Pupils receive their entitlement for RSE through a spiral curriculum which demonstrates progression. The RSE programme units are shown on the Whole School PSHE Curriculum above. The teachers at Stanningley Primary School can make professional judgements as to whether to deliver the units sooner. PSHE sessions are timetable weekly. The RSE programme is complemented and enhanced Mindmate sessions, assemblies and enrichment days / weeks.

1. **Working with visitors and other external agencies**

Where appropriate, we may use visits and visitors from external agencies or members of the community to support RSE. This is an enrichment of our programme and not a substitute for our core provision which is based upon the strong relationships between teachers and pupils. It may be the case that the subject under discussion is better coming from an expert or experienced health professional who can challenge pupil’s perceptions. When visitors are used to support the programme, the school’s policy on use of visitors will be used.

A teacher will be present throughout these lessons. Visitors will be given a copy of this policy, and any other relevant policies, and expected to comply with the guidelines outlined within it. Our partnership with the local community is also a priority and we recognise and value its contribution to the RSE programme.

Before involving visitors in any aspect of RSE, teachers should ensure that:

* the visitor understands the school’s confidentiality policy, values and approach to the educational programme
* there is appropriate planning, preparatory and follow up work for the sessions
* the visitor understands the emotional, intellectual, cultural, religious, social and ability level of the pupils involved, including where there may be a specific issue relating to child protection
* the teacher needs to be part of the experience in order for the pupils to value the lessons and to build on the pupils' learning after the session/s as well as answer any questions the pupils may subsequently have
* the guidelines and checklist (Appendix 1a and 1b) should be used with the visitor to ensure success

**Monitoring and evaluating visitors’ and external agencies’ contributions**

**Use Appendix 1a & 1b – External Visitor Checklist (prior, during & after visit)**

|  |
| --- |
| *Ofsted (2002) reported that external visitors could make a significant contribution to RSE. External visitors will need to be comfortable and able to work within the school’s values’ framework. Loco parentis remains with the teacher when an external visitor is leading a class and it is important that the teacher and visitor have agreed roles and responsibilities so that they do not undermine each other. The visitor’s input will also be more effective if it is planned with the teacher who provides the context and follow-up. Teachers should always be present when classes have visitors.*  *Children often say that visitors enrich their learning because their visits are memorable. If external visitors contribute to RSE they should be selected because they have the right skills and experience to make a unique contribution and add value.*  *An external visitor should not be used as a substitute for a teacher. They should also comply with the school’s policy on confidentiality and it is vital to establish that visitors’ values are in line with the school’s ethos and values and that they use facts and evidence to inform their teaching. Ultimately schools are responsible for providing a broad and balanced curriculum that meets the needs of pupils.*    *Pupils also benefit from having accessible information at school about local support services available. This should include information about local young people’s health services, NSPCC, Childline. Having visitors from local services can be invaluable to increase confidence and know-how to access help and support if and when needed.*  ***NB. See Appendix 1a & 1b for the visitors’ guidelines and checklist*** |

1. **Inclusion, equality and diversity**

All pupils, whatever their experience, background and identity, are entitled to quality RSE that helps them build confidence and a positive sense of self, and to stay healthy. All classes include pupils with different abilities and aptitudes, experiences, religious/cultural backgrounds, gender and sexual identities. To encourage pupils to participate in lessons, teachers will ensure content, approach and use of inclusive language reflects the diversity of the school community and helps each and every pupil to feel valued and included in the classroom.

We promote the needs and interest of all pupils. The school’s approaches to teaching and learning take into account the ability, age, readiness and cultural backgrounds of the pupils to ensure all can access the full RSE provision. We promote social learning and expect our pupils to show a high regard for the needs of others. RSE is an important vehicle for addressing both multicultural and gender issues and ensuring equal opportunities for all.

**Responding to pupils’ diverse learning needs:**

Considerations will be made for:

* religious and cultural diversity
* differing gender needs and abilities, including SEND
* diverse sexuality of pupils
* homophobic/transphobic/biophobic bullying and behaviour
* pupil’s age and physical and emotional maturity
* pupils who are new to English

**Ethnicity, religion and cultural diversity:**

Our policy values the different backgrounds of all pupils in school and, in acknowledging and exploring different views and beliefs, seeks to promote respect and understanding. We encourage respect for all religions and cultures. We do not ask pupils to represent the views of a particular religious or cultural group to their peers, unless they choose to do so.

**Special educational needs and learning difficulties:**

RSE helps all pupils understand their physical and emotional development and enable them to make positive decisions in their lives. We ensure that all pupils receive RSE and we offer provision appropriate to the particular needs of our pupils, taking specialist advice where necessary. Staff will differentiate lessons to ensure that all members of the class can access the information fully. The school will use a variety of different strategies to ensure that all pupils have access to the same information.

Some pupils will be more vulnerable to abuse and exploitation than their peers, and others may be confused about what is acceptable public behaviour. These pupils will need help to develop skills to reduce the risks of being abused and exploited, and to learn what sorts of behaviour are, and are not, acceptable.

**Sexual identity and sexual orientation:**

We have a clear duty under the Equality Act 2010 to ensure that our teaching is accessible to all pupils, including those who are lesbian, gay, bisexual and transgender (LGBT). Inclusive RSE will foster good relations between pupils, tackle all types of prejudice, including homophobia, and promote understanding and respect, enabling us to meet the requirements, and live the intended spirit, of the Equality Act 2010.

We will deal sensitively and honestly with issues of sexual orientation, answer appropriate questions and offer support. Pupils, whatever their developing sexuality, need to feel that RSE is relevant to them. Teachers will never assume that all intimate relationships are between opposite sexes. All sexual health information will be inclusive and will include LGBT people in case studies, scenarios and role-plays. We will ensure boys and girls can explore topics from a different gender’s point of view, and a variety of activities, including practical tasks, discussions, group activities and competitions.

We will consult with parents/carers when developing the RSE policy and programme in order to reassure them of the content and the context in which it will be presented.

**Pupils who are new to English**

The school should take into account the language skills of individual pupils, ensuring that all pupils have equal access to the RSE provision and resources.

1. **Resources**

We use primarily the Leeds Scheme, ‘You, Me and PSHE’ and the resources recommended within it. We will focus on the needs of the pupils and our planned learning objectives. We select carefully resources which meet these objectives. We evaluate carefully teacher resources, leaflets, online resources and videos before using them (see checklist below).

We use children’s books, both fiction and non-fiction, extensively within our RSE programme. Teachers will always read and assess the books before using them to ensure they are appropriate for the planned work. They will also consider the needs and circumstances of individual pupils in class when reading texts, in case they need to have a preparatory conversation with a pupil before the teaching takes place, for instance.

Key texts and resources we will use for RSE are:

* Leeds PSHE Scheme of Work RSE modules (available from the Health and Wellbeing Service)
* Resources as identified in the medium term plans for the RSE modules including Channel 4 - Living & Growing series
* Puberty bag

1. **Learning environment and additional non-negotiable working agreement**

Staff are careful to ensure their personal beliefs and attitudes do not influence the teaching of RSE. To this end, a working agreement has been agreed to provide a framework of common values within which to teach. There are clear parameters as to what will be taught in a whole-class setting, and what will be dealt with on an individual basis.

In addition to the working agreement used in PSHE, we will develop a non-negotiable working agreement for lessons and discussions related to RSE. If pupils are to benefit fully from an RSE programme, they need to be confident speakers, good listeners and effective, sensitive communicators. When the needs of pupils are analysed, of overriding importance are two key areas: they need to feel safe and be safe. An additional, non-negotiable working agreement will help staff to create a safe and relaxed environment in which they do not feel embarrassed or anxious about unexpected questions or comments from the pupils. They also reduce the possibility of inappropriate behaviour and the disclosure of inappropriate personal information.

Our additional, non-negotiable working agreement is:

* Confidentiality: ‘what is said in the room, stays in the room’ except if anyone mentions something which could be harmful or put them at risk – then will have to pass the information on to help keep them safe
* It’s not OK to ask personal questions of each other or the teacher but we can put questions in the box for later.
* Don’t name names: if you want to ask about or share a personal story or experience, you can speak in the third person about ‘someone I know’, ‘a friend’, ‘a situation I’ve heard about/read about’
* We will try to only ask questions related to what we are learning in the lesson.
* We will use the anatomical terms for the sexual body parts.
* It is ok to say pass / not join in.
* We will respect different opinions, situations & backgrounds.

1. **Assessment, recording and reporting in RSE**

At Stanningley Primary School we assess pupils’ learning in RSE in line with approaches used in the rest of the curriculum (including assessment for learning).

Assessment methods:

* baseline or pre-assessment (essential for needs-led RSE)
* needs assessment is used to identify existing knowledge and skills of pupils
* assessment is built into the RSE programme to inform planning
* summative assessment takes place at the end of each unit
* pupil self-assessment is used where appropriate
* assessment focuses on knowledge as well as skill development and attitude
* identify pupils who have exceeded or fallen short of the module objectives and those that have achieved it
* QCA End of Key Stage Statements are used to assess progress in RSE

|  |
| --- |
| ***The Ofsted Sex and Relationships Guidance, 2002, states that ‘children must work towards the End of Key Stage Learning Outcomes.’*** *There are no attainment targets for RSE. End of Key Stage Statements were developed by QCA to help teachers assess progress.*  *The following are examples of questions that can be used with pupils to support the reflection stage and to develop pupil understanding of what they have learned and the progress they have made.*  *This is an extract from Assessment, Evaluation and RSE (2012):*   * *What do I know already?* * *What new information have I learnt?* * *What do I now think and believe?* * *What feelings did I have during the session?* * *How did I feel about what I found out?* * *Has listening to the views of others changed my views and/or beliefs?* * *Did it help me confirm what I really believe?* * *Did I learn anything I did not expect to?* * *What do I now think and believe?* * *How will it change my behaviour in the future?* * *What do I now need to learn?* * *Is there anyone else I need to talk to about this?* |

1. **Monitoring and evaluation**

**Monitoring activities**:

School staff will monitor the delivery and provision for RSE by:

* Holding regular reviews with individual members of staff
* Compiling a portfolio of work that includes anecdotal evidence, parental/carer comments, photographs, children’s work etc.
* Observing RSE lessons
* effective RSE leadership with a system of lesson observations and peer support
* pupil and staff interviews/questionnaires
* pupil/staff/parent surveys
* scrutinising staff planning
* samples of pupils’ work

**Evaluation activities:**

* teacher and pupil evaluation of lessons, units and the overall RSE programme
* teacher and pupil evaluation of resources
* evaluation of contributions of external partners
* sampling pupils’ work and portfolios

**Safeguarding and Child Protection**

Stanningley Primary School is committed to safeguarding and promoting the wellbeing of all children and expects our staff, visitors and volunteers to share this commitment.

RSE plays a very important part in fulfilling the statutory duties all schools have to meet and the RSE policy should be closely aligned to the school’s safeguarding policy. RSE helps pupils understand the difference between safe and abusive relationships and equips them with the knowledge and skills to get help if they need it. The use of the correct anatomical terms for body parts helps to ensure that children are able to describe abusive behaviours if they need to.

When teaching any sensitive issue young people may give cause for concern, and a link needs to be made with the pastoral system and safeguarding arrangements. All adults involved in RSE delivery need to be aware of the pastoral system and safeguarding arrangements in place.

If adults have any reason to believe a pupil is at risk, then they must follow the Child Protection procedures and alert designated staff immediately.



**Designated Safeguarding Lead (DSL) / Headteacher – Mrs Julie Brewer**



**Designated Teachers**

**(Safeguarding Deputies)**

**Mrs Stott-Moore (DHT)**

**Mrs Whiteley (AHT)**

**Di Greenwood (Family Support)**

1. **Confidentiality in the context of RSE lessons**

The nature of RSE means that pupils may disclose personal information that staff will respond to appropriately. The classroom is never a confidential place to talk, and that remains true in RSE. Pupils will be reminded that lessons are not a place to discuss their personal experiences and issues, or to ask others to do so, through the establishment of a working agreement. Any visitor to the classroom will be bound by the school’s policy on confidentiality, regardless of whether they have, or their organisation has, a different policy. We will make sure visitors are aware of this, and make sure there are enough opportunities for pupils to access confidential support after the lesson if they need it.

Any information disclosed to a staff member or other responsible adult, which causes concern about the child’s safety, will be communicated to the designated person as soon as possible and always within 24 hours, in line with our safeguarding and child protection policy.

If a pupil tells a health professional, such as the school nurse, something personal on a one-to-one basis outside of the classroom, our school’s confidentiality policy will help us to decide whether that person can keep that information confidential, or whether they need to seek help, advice, or refer to someone else. We will also signpost pupils and their families, where appropriate, to on and offline community, health and counselling services so pupils know where to go for confidential help and advice.

Techniques used in school to minimise the chance of pupils making a disclosure in an RSE lesson include:

* depersonalising discussion
* puppets
* using role play to ‘act out’ scenarios
* appropriate DVDs and TV extracts
* case studies with invented characters
* visits to/from outside agencies

1. **Support**

We hope that pupils will feel safe in the school environment to talk to any member of staff in confidence about any areas of concern regarding their personal, social and emotional development, including matters raised by or relating to RSE. We promote the school ethos as one of inclusion and acceptance throughout all areas of school activity and hope that pupils respond to this by feeling comfortable to ask questions and continue their learning both in and outside of the classroom.

1. **Advice and treatment**

There is no reason for staff to expect to be made aware of a pupil or colleague’s HIV or hepatitis status, and no person will be discriminated against because of this if there is a disclosure of this type of information.

The school’s **first aid policy** covers protection for all school members against infection from blood-borne viruses.

1. **Complaints**

Parents/carers who have complaints or concerns regarding the RSE provision should contact the school and follow the school’s complaints policy.

1. **Local support available to schools**

The Health and Wellbeing Service can offer support through training, bespoke lessons and in school advisory sessions.

**Training available:**

* Delivering Primary RSE with Confidence
* Speakeasy Training Days to support parents/carers with talking about RSE at home
* RSE for Boys and Young Men
* Growing Up in a Social Media World
* Effective Leadership & Management of PSHE
* Assessing PSHE
* Planning a Whole School PSHE Curriculum using the New PSHE Primary SOW
* Your LGBT School

Further information on the above training, as well as how to book, can be found at: [www.schoolwellbeing.co.uk](http://www.schoolwellbeing.co.uk) and [www.leedsforlearning.co.uk](http://www.leedsforlearning.co.uk)

**Bespoke primary RSE lessons delivered in school:**

* Puberty & Conception
* Body Image
* Healthy Relationships
* Social Media
* HIV & Contraception

**In school advisory sessions:**

Primary RSE: Helen Smithies – [helen.smithies@leeds.gov.uk](mailto:helen.smithies@leeds.gov.uk)

1. **Local and national websites**

**Healthy relationships, sexual consent, exploitation and abuse:**

* Information about FGM can be found at: [www.forwarduk.org.uk](http://www.forwarduk.org.uk)
* Good practice examples and guidance on consent: [www.pshe-association.org.uk/consent](http://www.pshe-association.org.uk/consent)
* CPS guidance on the Statutory Definition of Consent, and the CPS Sexual Offences Factsheet: <http://www.cps.gov.uk/news/fact_sheets/sexual_offences/>
* Home Office guidance; this is abuse: <http://thisisabuse.direct.gov.uk/>
* Child Exploitation and Online Protection (CEOP) has produced a series of resources which are available at: [www.ceop.police.uk](http://www.ceop.police.uk) and [www.thinkuknow.co.uk](http://www.thinkuknow.co.uk)
* Addressing healthy relationships and sexual exploitation within PSHE in schools: <http://www.sexeducationforum.org.uk/media/3101/pshe_ff37.pdf>
* e-magazine to help teachers teach about consent, available free to Sex Ed Forum members: <http://www.sexeducationforum.org.uk/resources/sex-educational-supplement.aspx>
* Brook has produced a Traffic Light Tool to help professionals assess whether children’s sexual behaviours are healthy or unhealthy: [www.brook.org.uk/traffic-lights](http://www.brook.org.uk/traffic-lights)
* Ask Brook about relationships, safety and risks, available at: [www.brook.org.uk/shop](http://www.brook.org.uk/shop)
* Alright Charlie - Blast have designed this CSE resource in consultation with CSE professionals, primary schools teachers and children in years 5 and 6 in primary schools. This resource is designed for use with children aged 9-11 in primary schools and aims to highlight the warning signs of grooming in an age appropriate way. <http://www.mesmac.co.uk/projects/blast/for-professionals/resources>

**Violence within relationships:**

* The Against Violence and Abuse Project provides further information, advice and guidance: [www.avaproject.org.uk](http://www.avaproject.org.uk)
* Rape Crisis provides help and advice to those affected by rape, sexual violence and child sexual abuse: [www.rapecrisis.org.uk](http://www.rapecrisis.org.uk)

**Teaching about pornography:**

* Growing Up Safe, from Big Talk Education, for primary schools: <http://www.bigtalkeducation.co.uk/resources-for-primaries.html>

**Teaching about sexting:**

* The NSPCC has produced resources to make it easier for children to get help about sexting: <http://www.childline.org.uk/explore/onlinesafety/pages/sexting.aspx>
* Big Talk has produced resources to help primary school teachers discuss a range of difficult issues – including sexting and explicit images – with children: <http://www.bigtalkeducation.co.uk/resources-for-primaries.html>
* CEOP (Child Exploitation and Online Protection) has developed [www.thinkuknow.co.uk](http://www.thinkuknow.co.uk), which contains a number of resources exploring the risks children face online, including two films that address sexting issues: Exposed and First to a Million.
* Brook has produced a leaflet for young people called Ask Brook about relationships, safety and risk, which addresses on and offline safety and is supported by CEOP: <http://www.brook.org.uk/shop>

**Inclusive RSE:**

* Stonewall has produced a series of packs and information for schools. Details are available at: [www.stonewall.org.uk](http://www.stonewall.org.uk)
* Brook has produced packs to help those who work with diverse groups of children, available at: [www.brook.org.uk/shop](http://www.brook.org.uk/shop) including:
* The Sex Education Forum has produced a factsheet on RSE for children with learning difficulties: [http://www.sexeducationforum.org.uk/media/6153/RSE\_and\_young\_children.pdf](http://www.sexeducationforum.org.uk/media/6153/sre_and_young_children.pdf)

**Local sources of support:**

[**www.schoolwellbeing.co.uk**](http://www.schoolwellbeing.co.uk)

[**www.healthyschools.org.uk**](http://www.healthyschools.org.uk)

[**http://www.leeds.gov.uk/phrc/Pages/default.aspx**](http://www.leeds.gov.uk/phrc/Pages/default.aspx)

[**www.leeds.gov.uk/phrc/Pages/public-health-training.aspx**](http://www.leeds.gov.uk/phrc/Pages/public-health-training.aspx)

[**http://www.leedslscb.org.uk/**](http://www.leedslscb.org.uk/)

[**http://shop.ncb.org.uk/category\_s/1831.htm**](http://shop.ncb.org.uk/category_s/1831.htm)

[**http://leedssexualhealth.com**](http://leedssexualhealth.com)

[**http://www.themarketplaceleeds.org.uk/**](http://www.themarketplaceleeds.org.uk/)

[**http://mesmac.co.uk/**](http://mesmac.co.uk/)

[**https://www.mindmate.org.uk/**](https://www.mindmate.org.uk/)

**National sources of support:**

[**http://www.nhs.uk/Livewell/Sexualhealthtopics/Pages/Sexual-health-hub.aspx**](http://www.nhs.uk/Livewell/Sexualhealthtopics/Pages/Sexual-health-hub.aspx) [**https://www.brook.org.uk/**](https://www.brook.org.uk/)

[**http://www.fpa.org.uk/**](http://www.fpa.org.uk/)

[**http://www.sexeducationforum.org.uk/**](http://www.sexeducationforum.org.uk/)

[**https://www.pshe-association.org.uk/**](https://www.pshe-association.org.uk/)

[**http://www.stonewall.org.uk/**](http://www.stonewall.org.uk/)

[**http://www.bodysense.org.uk/**](http://www.bodysense.org.uk/)

[**www.riseabove.org.uk**](http://www.riseabove.org.uk)

[**http://www.nat.org.uk/**](http://www.nat.org.uk/)

[**https://www.womensaid.org.uk/**](https://www.womensaid.org.uk/)

[**https://www.nspcc.org.uk/**](https://www.nspcc.org.uk/)

[**https://www.childline.org.uk**](https://www.childline.org.uk)

1. **Local and national references**

*Brook, the PSHE Association and the RSE Forum (2014) RSE (RSE) for the 21st Century; Supplementary advice to the RSE Guidance DfEE (0116/2000)*

[*http://www.sexeducationforum.org.uk/resources/RSE-advice-for-schools.aspx*](http://www.sexeducationforum.org.uk/resources/sre-advice-for-schools.aspx)

*DfE (2011) Personal, social, health and economic education (PSHEE); End of key stage statements, Crown copyright. (Accessed from National Archives 28 August 2014)*

*DfE (2015) ‘Special single academy; model funding agreement version 6’, Crown copyright.*

[*https://www.gov.uk/government/publications/academy-and-free-school-funding-agreements-single-academy-trust*](https://www.gov.uk/government/publications/academy-and-free-school-funding-agreements-single-academy-trust)

*DfE (2014) National Curriculum in England: framework for Key Stages 1 to 4, Gov.uk, Crown copyright.* <https://www.gov.uk/government/publications/national-curriculum-in-england-framework-for-key-stages-1-to-4/the-national-curriculum-in-england-framework-for-key-stages-1-to-4>

*DfE (2013b) National Curriculum Science Key Stages 1, 2 and 3, Crown copyright.* [*https://www.gov.uk/government/publications/national-curriculum-in-england-science-programmes-of-study*](https://www.gov.uk/government/publications/national-curriculum-in-england-science-programmes-of-study)

*DfE (2016) Keeping Children Safe in Education; statutory guidance for schools and colleges, Crown copyright.* <https://www.gov.uk/government/publications/keeping-children-safe-in-education--2>

*DfE (2014b) The Equality Act 2010 and schools; Departmental advice for school leaders, school staff, governing bodies and local authorities, Crown copyright.*

[*https://www.gov.uk/government/publications/equality-act-2010-advice-for-schools*](https://www.gov.uk/government/publications/equality-act-2010-advice-for-schools)

*DfEE (2000) RSE guidance, Crown copyright.*

[*https://www.gov.uk/government/publications/sex-and-relationship-education*](https://www.gov.uk/government/publications/sex-and-relationship-education)

*Education Act (1996) Crown copyright.*

[*http://www.legislation.gov.uk/ukpga/1996/56/contents*](http://www.legislation.gov.uk/ukpga/1996/56/contents)

*Education Act (2002) Crown copyright.*

[*http://www.legislation.gov.uk/ukpga/2002/32/contents*](http://www.legislation.gov.uk/ukpga/2002/32/contents)

*Education and Inspections Act (2006), Section 38, Crown copyright* [*http://www.legislation.gov.uk/ukpga/2006/40/contents*](http://www.legislation.gov.uk/ukpga/2006/40/contents)

*Equality Act (2010) Crown copyright.*

[*http://www.legislation.gov.uk/ukpga/2010/15/contents*](http://www.legislation.gov.uk/ukpga/2010/15/contents)

*Education and Inspections Act (2006) Crown copyright.* [*http://www.legislation.gov.uk/ukpga/2006/40/section/38*](http://www.legislation.gov.uk/ukpga/2006/40/section/38)

*HM government (2016) Multi-agency practice guidelines: Female Genital Mutilation, Crown copyright.* [*https://www.gov.uk/government/uploads/system/uploads/attachment\_data/file/333067/FGMmulti-agencyPracticeGuidelines.pdf*](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/333067/FGMmulti-agencyPracticeGuidelines.pdf)

*Learning and Skills Act (2000), Section 148, Crown copyright.*

[*http://www.legislation.gov.uk/ukpga/2000/21/section/148*](http://www.legislation.gov.uk/ukpga/2000/21/section/148)

*Macdowall, W and others (2013) Lifetime prevalence, associated factors, and circumstances of non-volitional sex in women and men in Britain: findings from the third National Survey of Sexual Attitudes and Lifestyles (Natsal-3), in The Lancet, Vol 382, pp1845–1855.*

*National Children’s Bureau (2012) Assessment, evaluation and RSE; a practical guide for education, health and community settings, Second Edition. Available to purchase from the NCB web-shop.*

<http://www.jkp.com/assessment-evaluation-and-sex-and-relationships-education.html>

*Ofsted (2013) ‘Not yet good enough; personal, social, health and economic education in schools, Ofsted, May 2013*

[*https://www.gov.uk/government/publications/not-yet-good-enough-personal-social-health-and-economic-education*](https://www.gov.uk/government/publications/not-yet-good-enough-personal-social-health-and-economic-education)

*Optimus Education - Sex and relationship education policy*

[*http://www.optimus-education.com/*](http://www.optimus-education.com/)

*PSHE Association - Producing your school’s sex and relationships education policy*

[https://www.pshe-association.org.uk/curriculum-and-resources/resources/drafting-your-RSE-policy-guidance-pshe-association](https://www.pshe-association.org.uk/curriculum-and-resources/resources/drafting-your-sre-policy-guidance-pshe-association)

*Sex Education Forum (2007) Confidentiality: promoting young people’s sexual health and wellbeing in secondary schools, NCB.*

<http://www.sexeducationforum.org.uk/media/6348/sef_ff_38.pdf>

*Sex Education Forum (2004) Faith, values and sex and relationships education*

[http://www.sexeducationforum.org.uk/resources/practice/faith,-values-RSE.aspx](http://www.sexeducationforum.org.uk/resources/practice/faith,-values-sre.aspx)

*RSE Forum (2013a) Laying the Foundations a practical guide to RSE in primary schools, Second Edition, NCB.*

[*http://shop.ncb.org.uk/ProductDetails.asp?ProductCode=6300-050b10202P*](http://shop.ncb.org.uk/ProductDetails.asp?ProductCode=6300-050b10202P)

*Sex Education Forum (2013b) Let’s get it right; a toolkit for involving primary school children in reviewing their RSE, NCB.*

<http://www.jkp.com/let-s-get-it-right.html>

*RSE Forum (2013c) Let’s work together; a practical guide for schools to involve parents/carers in RSE, NCB.* [*http://shop.ncb.org.uk/ProductDetails.asp?ProductCode=6300-050b10198P*](http://shop.ncb.org.uk/ProductDetails.asp?ProductCode=6300-050b10198P)

*Sex Education Forum (2010) Curriculum design tool (Accessed 11 July 2014)*

<http://www.jkp.com/let-s-work-together.html>

*Statutory Instrument 2012 No. 1124, Education, England, The School Information (England) (Amendment) Regulations 2012, Crown copyright.*

[*http://www.legislation.gov.uk/uksi/2012/1124/made*](http://www.legislation.gov.uk/uksi/2012/1124/made)

**APPENDIX 1a Checklist prior to visit**

|  |  |
| --- | --- |
| **Checklist for schools and agencies** | |
| TIME AND PLACE | |
| Date(s) of Involvement: | Time:    From to  Number of days / weeks: |
| Venue / room(s): | Agency arrival time: |
| Room Layout: | Agency to be greeted by: |
| Equipment required to be provided by the school: | Session plans:  Attached: yes / no  To be forwarded to: |
| PEOPLE | |
| School:  Contact details: | Agency name:  Specialism: |
| School address:  Tel No:  E-mail: | Agency address:  Tel No:  E-mail: |
| Child protection teacher:  Learning mentor / other contact: | Agency contact:  Other Contact: |
| Teachers to be involved: | Do parents/carers need to be consulted before the session? yes / no |
| Have disclosure / confidentiality procedures been discussed? yes / no  Other policies for consideration: | Is the school satisfied with the agencies DBS / liability arrangements? yes / no |
| Number of pupils:  Key Stage:  Year Group: | Learning needs:  Other / individual needs: |
| Intended learning outcomes: | What has been taught previously?  How will the work be continued? |
| How will skills and progress be assessed? | Who will be present?  How will they support the session? |
| How does the work support the CPD of teachers e.g. team teaching? | Do staff require / want any additional training? yes / no |
| How will the effectiveness of the session be evaluated by pupils?  How will the effectiveness of the session be evaluated by adults? | Which routes for referral, procedures and services will pupils be signposted to? |
| AGREEMENTS | |
| Have any expenses been agreed to?  yes / no |  |
| Checklist completed by:  Designation:  Date:  Meeting carried out: in person / by phone / other (please circle) | |

**APPENDIX 1b Checklist**

**During & after visit**

|  |  |  |
| --- | --- | --- |
| **Joint Evaluation Form**  Please fill this in together where possible | | |
| Aim of session: | | Session date:  Time: |
| Agency:  School: | | Year group:  Class: |
| **Question** | **Scale 1 - 10** | **How do you know?** |
| 1. How well did the programme meet the needs of the pupils? |  |  |
| 1. How well has the work developed the skills of pupils to manage their wellbeing? |  |  |
| 1. How well has the input contributed to the RSE programme? |  |  |
| 1. Has there been an impact on staff skills and confidence? |  |  |
| 1. How well did the pre-planning support the session / visit? |  |  |
| 1. How will be the work be continued and / or adopted into the Schemes of Work next year? |  |  |
| 1. Were there any elements that could be improved in the future? | | |
| 1. Any other comments? | | |
| Please keep a copy for your records. | | |

**APPENDIX 2**

Dear …….,

**Our PSHE & RSE Programme in Year … / Key Stage …**

We believe that promoting the health and well-being of our pupils is an important part of their overall education. We do this through our Personal, Social and Health Education (PSHE) course. This looks at many topics including all kinds of relationships, physical / emotional health and living in the wider world. The aim of the PSHE course is to help our pupils make safe and informed decisions during their school years and beyond.

Sex and Relationship Education (RSE) is an important part of the PSHE course. We will be teaching lessons about RSE in the …. term which will include topics such as *(puberty; relationships and communication skills; Child Sexual Exploitation (CSE);* *Female Genital Mutilation (FGM); body image; sexting and social media; domestic violence, consent.)* During the course, pupils will be able to ask questions, which will be answered factually and in an age appropriate manner. Each pupil's privacy will be respected, and no one will be asked to reveal personal information.

Some parts of RSE are compulsory - these are part of the National Curriculum for Science. Parents can withdraw their children from all other parts of RSE if they wish to do so. However, we believe that the presentation of sexual images in social and other media make it important that all young people have a place to discuss pressures, check facts and dispel myths. Even if a child is withdrawn, many pupils will discuss such issues with each other outside the classroom – so, rather than hear about the content second-hand, we hope all children will have the opportunity to take part in our carefully planned lessons.

Many parents and parent-related organisations support good quality RSE in school. Parents are the most important educators of young people in personal issues and many welcome the support that school can offer to supplement their home teaching.

You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about issues before the work is covered in school. If you have any queries about the content of the programme or resources used, please do not hesitate in contacting me at school. All materials used are available for you to browse through should you so wish.

Yours sincerely,

………

**Sex and Relationships Education – Frequently Asked Questions**

**What are the aims of RSE in our school?**Depending on the age of the children and the lessons in their particular year group, we want RSE to:

* *develop the confidence to talk, listen and think about their feelings and relationships*
* *develop friendship/relationship skills*
* *develop positive attitudes, values and self esteem*
* *provide knowledge and understanding about puberty and the changes that will take place*
* *provide knowledge and understanding about reproduction and sexuality*
* *address concerns and correct misunderstanding that children may have gained from the media and peers*
* *develop skills to help children protect themselves against unwanted sexual experience*
* *know where and how to seek help.*

**Can you explain the school’s RSE Morals and Values Framework?**RSE follows the school’s agreed aims, values and moral framework which is sensitive to the needs and beliefs of pupils, parents / carers and other members of the school community. RSE will be delivered within the school's agreed equal opportunities framework.

RSE will support the importance of marriage or stable relationships, for family life and bringing up children. Care is taken to ensure there is no stigmatisation of children based on their different home circumstances.

Pupils will be encouraged to understand that thinking about morals and values also includes:

* *respect for self and others*
* *commitment, trust and love within relationships*

*understanding diversity regarding religion, culture and sexual orientation*

*honesty with self and others*

* *self-awareness*
* *exploration of rights, duties and responsibilities.*

**Misunderstandings about RSE**There is sometimes concern that RSE in school might promote sexual activity or cause confusion about an individual’s sexuality. The research on quality RSE points to a more positive outlook: 87 programmes from many countries were examined by UNESCO in 2009. This led to the conclusion that if RSE has an effect it is a positive one: ‘*sexuality education can lead to later and more responsible sexual behaviour or may have no discernible impact on sexual behaviour’.*

In the UK the research is even more positive. Analysis by the National Survey of Sexual Attitudes and Lifestyles team over several years consistently shows that men and women who said that lessons at school were their main source of information about sex were more likely to have started having sex at a later age than those for whom parents or other sources were their main source. Schools have an important role to play in RSE.